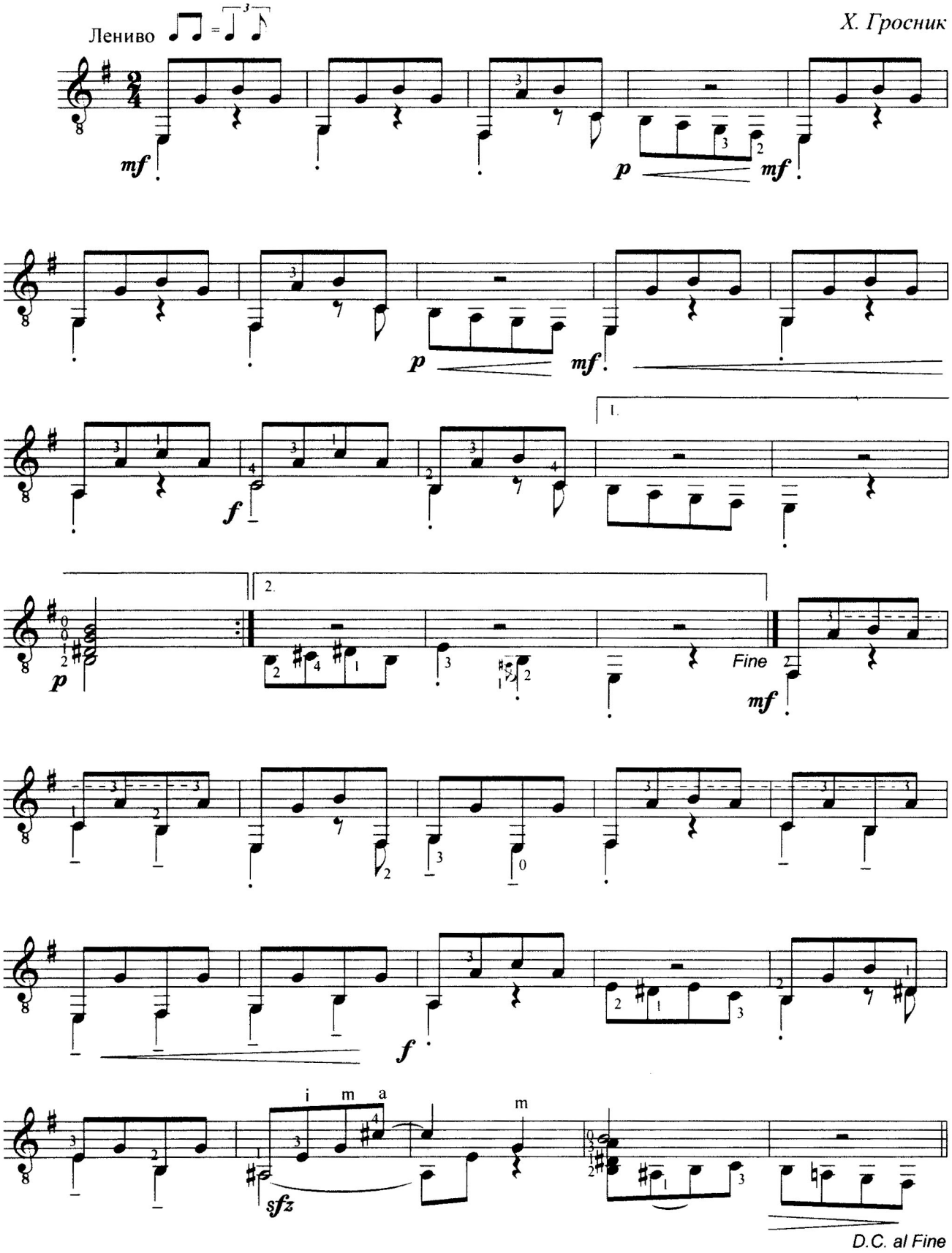Бегемот